

SAMUEL J. MUCCI, M.D.
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POST OPERATIVE INSTRUCTIONS FOR RHINOPLASTY/SEPTORHINOPLASTY.

1. Do not drive a car or make important legal decisions for 24 hours after your surgery, or while taking pain medication, as your judgment may be impaired.
2. Drink plenty of liquids in the next 48 hours. You may resume your normal diet, as tolerated.
3. Take medications as directed. Cool packs may be used to the forehead or eyelids, but not directly on the nose.
4. Do not blow your nose. You may change the 'drip pad' as necessary. Avoid sneezing. Do not clean the inside of your nose.
5. Do not bend over, strain, lift or exercise for at least one week or until Dr. Mucci tells you it is okay.
6. Do not shower for one week, or until external splint is removed. It is okay to take a tub bath.
7. Please keep the external splint dry. Your splints will be removed by Dr. Mucci at your first and second post op visits.
8. Sleep with your head elevated.
9. You may find a humidifier helpful.
10. If you wear glasses, do not allow them to rest directly on your nose. Put tape on the bridge of your glasses and tape them to your forehead, to lift them off of your nose.
11. If you experience excessive pain, bleeding or a temperature greater than 100.5, please call the office.
12. If you have any questions, please don't hesitate to call the office.

Patient Signature:_____Date:_____

Witness Signature:_____Date:_____